



# December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Class 11a-12:15p(sp)	3 Class 11a-12:15p	4 Class 11a-12:15p	5 Class 11a-12:15p	6 Chair yoga 11a Mat yoga 12p	7
8	9 Class 11a-12:15p	10 Class 11a-12:15p	11 Class 11a-12:15p	12 Class 11a-12:15p(sp)	13 Chair yoga 11a Mat yoga 12:15p	14
15	16 Class 11a-12:15p(sp) <b>CHRISTMAS PARTY</b>	17 Class 11a-12:15p	18 Class 11a-12:15p	19 Class 11a-12:15p	20 Chair yoga 11a Mat yoga 12:15p	21
22	23 Class 11a-12:15p	24 <b>NO CLASS</b>	25 <b>NO CLASS</b>	26 <b>NO CLASS</b>	27 <b>NO CLASS</b>	28
29	30 Class 11a-12:15p	31 Class 11a-12:15p				

## EVENTS

### CHRISTMAS PARTY

Please join us Monday, December 16<sup>th</sup> at 5:30pm at Radiant Christian Church: 16162 Carey Rd. Westfield. Price is \$10/person.

### WEATHER CLOSINGS

Just a reminder with winter upon us... If HSE Schools are CLOSED, we will NOT have class that day. We WILL have class if only a 2 hour delay.

### SUPPORT GROUPS

Support Groups will resume in January. If there are topics that you would like to see covered in 2020, please contact Kim at [kim@indianaparkinson.org](mailto:kim@indianaparkinson.org).