

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 Class 11a-12:15p	4 Class 11a-12:15p	5 Class 11a-12:15p	6 Class 11a-12:15p (sp)	7 Chair Yoga 11a Mat Yoga 12p	8	9 Breakfast at Knights of Columbus 8:30a-12:30pm
10 Class 11a-12:15p (sp)	11 Class 11a-12:15p	12 Class 11a-12:15p	13 Class 11a-12:15p	14 Chair Yoga 11a Mat Yoga 12p	15	16
17 Class 11a-12:15p	18 Class 11a-12:15p	19 Class 11a-12:15p	20 Class 11a-12:15p (sp)	21 Chair Yoga 11a Mat Yoga 12p	22	23
24 Class 11a-12:15p (sp)	25 Class 11a-12:15p	26 Class 11a-12:15p Support Group	27 Class 11a-12:15p	28 Chair Yoga 11a Mat Yoga 12p	29	30

EVENTS

Knights of Columbus Breakfast to benefit IPF.

Please join us Sunday June 9th for a wonderful breakfast. All proceeds come back to IPF. 8:30a-12:30p @ 2100 E. 71st Street.

No Caregiver Support Groups over the summer.

Are you a caregiver wanting to know more about certain topics. Please email or call Kim at 317-753-3823 kim@indianaparkinson.org

Support group Wednesday June 26th

Join us at 12:15 to learn how Lifeway Mobility can help you in your home.